

# O.N.A.K.A.I.

### Official National Amateur Karate Association of Ireland

**National Governing Body for Karate in Ireland** 

### **Policy for Inclusion**

O.N.A.K.A.I. Inclusive Karate strives to promote greater participation, inclusion and visibility of sport of karate across the island of Ireland. We aim to assist and equip all our member clubs to open their doors to students and athletes with disability whether Physical, Learning Disabilities or Complex Needs and for people who just may not feel comfortable in a mainstream Karate class. Inclusive Karate strives to give the same opportunities to people with Disabilities / Complex Needs / as our Mainstream Karateka.

O.N.A.K.A.I. FULLY ADOPTS Sport Ireland Policy on Participation for people with Disabilities. The foregoing is an extension Policy for Coaching and Participation in Inclusive Karate.

#### **Our Aims**

The key aims of the Inclusion Policy are:

### **Accessibility**

- Promote accessibility by communicating with clubs/associations, on their preparedness
  to make reasonable adjustments in anticipation that they will have disabled
  members/participants.
- Encourage and assist member club/association to identify what reasonable adjustments should be made to enable disabled people to participate, setting out a reasonable timescale for the implementation of those adjustments.
- Make reasonable adjustments necessary to ensure accessibility and inclusivity for disabled people to participate as coaches, officials, volunteers and spectators as well as athletes.













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### **Inclusivity**

- Change attitudes by promoting participation opportunities for disabled people.
- Encourage participation through positive and welcoming approach.
- Promote karate in accessible ways through appropriate information format and imagery and by promotion in community.
- Educate coaches, referees, volunteers on disability, equality and inclusive practice by providing appropriate guidance and training.

### **Participation**

- Guide and support the integration of inclusive practice into membership's programmes and activities.
- Grow participation and attainment of disabled athletes within membership.
- Promote the inclusion of disabled athletes in karate events wherever possible and in accordance with Sport Ireland Policy on Participation for people with Disabilities
- Develop, manage and increase inclusive practice within competition.
- Provide support and guidance to athletes, coaches, officials, referees competition organisers and volunteers to promote the development of inclusive practice and to enhance participation.
- Promote the development of knowledge and understanding of disability, equity and inclusion amongst athletes, coaches, officials, referees, club volunteers and competition organisers by the provision of appropriate training and development.
- Promote close working partnerships with disability groups and organisations to support the development of inclusive practice within karate locally.

### **Monitoring and Reporting**

This policy will be reviewed on regular basis following member and individual consultations, outcome assessment and any legislative and changes in development of sport of karate.

Adopted at Executive 29.11.2018









